

A busy and hectic lifestyle brings about mental stress and strain while meals and sleeps are not proper and regular too. The nervous system of our body is in control of the cells, muscles, organs and system functions. If bones or nerves are not in their positions or have moved away from them, the nervous system will be interrupted. The interruption may affect our muscles or the nerves of our organs resulting in the loss of normal functions and health of the body.

Proper massage therapy is helpful to the functions of bones, joints and nerves and supply of nutrients for the maintenance of internal health. The treatments given can relieve pains and restore their proper functions.

Our Center can treat (but not limited to) the following:

Backbone ache

Headache

Joint pains

Slipped discs of the spine

Neck pain

Crooked spine

Pains on legs, ankles and knees

Hand pain

Common sprains

Loss of proper hand functions